

# The Community of Caregiving

The care provided by Better Living Homecare is complementary to and fully integrated with other Caregivers – Doctor, Public Health Nurse, Public Health Services, Meals on Wheels, etc.

## Care Monitoring

Relatives and friends can have real time information on the wellbeing of the person being cared for. At the end of each visit Better Living Homecare updates a password-protected application with details of the visit, what activity was performed and how the Caree was feeling.



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## Our Philosophy

At the core of what we do is a passionate desire to make a difference for the better in the daily lives of our clients.

**To support their independence.**

**To give them a better living.**

## Our Philosophy in Action

Our Caregivers are carefully selected to ensure they are living our philosophy. Of course they are interviewed. Of course their qualifications are considered. Of course they are Garda vetted.

All our Caregivers are also emotionally assessed to establish that they have a level of empathy that enables them to understand the emotions, needs, wants and feelings of others.



## Our Services

### Companionship

This includes but is not limited to:

- Conversation and companionship
- Light housework
- Meal preparation
- Laundry – washing, ironing, changing bed linen
- Collecting shopping and running errands
- Medication reminders
- Transportation – shopping, medical appointments, days out, etc.

### Personal Care

This includes assisting with the following tasks in a manner that respects privacy and dignity:

- Washing, bathing/showering and dressing
- Skin care
- Oral hygiene
- Toileting and continence care
- Nourishment - feeding and drinking
- Mobility

### Convalescence Care

The first few weeks out of hospital post-surgery or illness can be the most important in the recovery process.

We provide a level of service appropriate to the needs of the client fully co-ordinated with other Caregivers – Public Health Authorities, Occupational Therapists, etc.

### Respite Care

Family Carers need regular breaks to recharge their batteries. Better Living Homecare can temporarily step into the shoes of the family carer to enable that essential break.

We provide a range of respite care options tailor made to the individual needs, whatever the condition of the cared relative.

### Physical Impairment

We develop bespoke care plans to cater for the specific requirements of clients with physical disability challenges.

### Alzheimers & Dementia Care

Research has shown that remaining in familiar surroundings helps to manage the challenges of memory loss.

We have Caregivers who are specifically trained in assisting sufferers of Alzheimers to cope with everyday living whilst encouraging stimulation of the mind.

### Palliative Care

We provide exceptional personal care to assist people live out their final days with comfort and dignity.